

KFRI:

Please refer to the list below to see which items your athletes are **required to have daily** for their training group. Note: if athletes already have non-TYR training gear, they are not required to purchase new TYR training gear. If an athlete is buying a piece of equipment for the first time, please purchase the specified TYR gear below. If an athlete needs a mesh gear bag, please buy a **RED** or **NAVY** gear bag. Please note that long fins will **not** be an acceptable substitution for short fins in practice. Below is a link to TYR.com where you will receive 25% off entire purchase.

[Ocean State Swim Camp TYR Team Page](#)

Age Group 1/2:

- TYR Crossblade Training Fins
- TYR USA Pull Float
- TYR Kickboard (Black/USA Flag)
- Tennis Ball x 2
- Dryland Clothing
- Sneakers (Runners/Trainers)

Senior 1:

- TYR Crossblade or Burner Training Fins
- TYR Catalyst Stroke Training Paddles (Start w/ size XS)
- TYR Ultralite Snorkel
- TYR USA Pull Float
- TYR Kickboard (Black/USA Flag)
- Tennis Ball x 2
- Dryland Clothing
- Sneakers (Runners/Trainers)

Senior 2:

- TYR Crossblade or Burner Training Fins
- TYR Catalyst Stroke Training Paddles (Start w/ size XS)
- TYR Ultralite Snorkel
- TYR USA Pull Float
- TYR Kickboard (Black/USA Flag)
- Tennis Ball x 2
- Parachute (8" Size)
- Dryland Clothing
- Sneakers (Runners/Trainers)

Senior ULTRA:

- TYR Crossblade or Burner Training Fins
- TYR Catalyst Stroke Training Paddles
- TYR Ultralite Snorkel
- TYR USA Pull Float
- TYR Kickboard (Black/USA Flag)
- FINIS Tempo Trainer
- Tennis Ball x 2
- Parachute (8" Size)
- Dryland Clothing
- Sneakers (Runners/Trainers)